

what's your
coffee?



Espresso
\$2



Flat White
\$2



Cappuccino
\$3.50



Doppio
\$3.50



Hot Coffee
\$2



Iced Coffee
\$2.50

{ regular
vanilla
hazelnut
caramel }

Smoothies & Soft drinks

STRAWBERRY BANANA {Milk, Strawberries and Banana} \$4

BERRY SURPRISE {Orange Juice, Strawberries, Blueberries} \$4

FUEL CHOCOLATE or VANILLA {Milk, Protein, Ice} \$4

WATER {Natural or Sparkling} \$1.50

SOFT DRINKS {Coke, Tea, Aranciata San Pellegrino} \$2

* — LUNCH MENU — *

GOURMET MAC & CHEESE	\$10
TURKEY MEATBALLS {X8}	\$10
CLASSIC CHEESE LASAGNA	\$15
TURKEY LASAGNA	\$15
SPINACH LASAGNA	\$15
ITALIAN PARMIGIANA {Grilled Zucchini and Eggplant, Mozzarella, Tomato}	\$15



SALADS & PANINIS

\$6	GARDEN SALAD {Mixed Salad, Pomegranate, Rita's Dressing}
\$7	CAPRESE {Mozzarella, Tomato, Basil Pesto}
\$8	CAESAR SALAD {Lettuce, Chicken, Caesar Dressing}
\$8	TURKEY SANDWICH {Lettuce, Turkey, Tomato}
\$8	SALSICCIA E PEPERONI SANDWICH {Sausage and Peppers}

VEGAN SOUPS

ZUPPA DI CECI	\$6
TURKEY CHILI	\$6
ITALIAN MINISTRONE	\$6
SPANISH GAZPACHO	\$6
BUTTERNUT SQUASH	\$6
PASTA E FAGIOLI	\$6
RED LENTIL KALE SOUP	\$6
LENTIL, SPINACH & KALE	\$6
SPICY 3 BEANS SOUP	\$6
CAULIFLOWER SOUP	\$6



PASTA SAUCES

\$6	CLASSIC ROMAN MARINARA
\$6	MEDITERRANEAN MARINARA
\$6	ARRABBIATA SAUCE
\$6	SPICY TUNA MARINARA
\$8	PESTO ALLA GENOVESE
\$8	TURKEY RAGU
	* TAPENADES *
\$7	3 OLIVES TAPENADE
\$7	SLOW ROASTED YELLOW/ RED TOMATO TAPENADE
\$7	ITALIAN BRUSCHETTA TAPENADE